Veteran Engagement in Mental Health Services

Improve IAPT and non-IAPT mental health outcomes for veterans: learn from the UK’s most innovative services

Friday 21st September 2012     Double Tree by Hilton, Manchester

Gain a unique insight into the UK’s most innovative and ground-breaking veterans’ mental health services:

• Hear best practice from veterans’ mental health services from across the country: apply what they have done in your area
• Find out how the IAPT programme is reaching out to veterans
• Monitor and improve mental health outcomes for veterans
• Break down the barriers faced by veterans in accessing mental health services
• Find out how to access funding for veterans’ mental health services
• Meet and learn from the key players in veterans’ mental health in the UK

Get to grips with the key challenges of delivering mental health services to veterans with insightful presentations from:

• Professor Jamie Hacker Hughes, Clinical Lead, Mid Essex IAPT, Cambridgeshire & Peterborough NHS Foundation Trust and Visiting Professor in Military Psychological Therapies, Anglia Ruskin University
• Lt Col (Ret’d) Mike Srinivasan, Consultant Psychiatrist, DCMH Colchester & North Essex Veterans Mental Health Network
• Andy Wright, VVADS (Vulnerable Veterans and Adult Dependents) Programme Manager, Leeds and York NHS Partnership Foundation Trust
• Captain Neil Kitchiner, Principal Clinician, All Wales Veterans Health and Wellbeing Service & 203 Field Hospital (V), Cardiff

Plus: IAPT for Severe Mental Illness
Thursday 20th September, Manchester
Veteran Engagement in Mental Health
Improve IAPT and non-IAPT mental health outcomes for veterans: learn from the UK’s most innovative services

9.30  Registration and Refreshments

10.00  Opening remarks from the chair
Professor Jamie Hacker Hughes, Clinical Lead, Mid Essex IAPT, Cambridgeshire & Peterborough NHS Foundation Trust and Visiting Professor in Military Psychological Therapies, Anglia Ruskin University

10.10  Meeting the challenges of providing mental health services to veterans
- Examining existing provision of psychological therapies for veterans in the UK
- Exploring different models for provision of veterans’ mental health services:
  - Understanding what military and voluntary organisations already do
  - Exploring ways for the NHS to support this work and work with them
- What are the barriers to veterans accessing the mental health services provided by the NHS? How can we better understand and therefore overcome these barriers?
Professor Jamie Hacker Hughes, Clinical Lead, Mid Essex IAPT, Cambridgeshire & Peterborough NHS Foundation Trust and Visiting Professor in Military Psychological Therapies, Anglia Ruskin University

10.40  Q&A and Group Discussion Session

11.00  Networking break

11.20  Case Study: Understanding how the NHS and MOD can work together to improve veterans’ mental health services
- Examining how the NHS and MOD are working together to provide an IAPT service for VVADS (Vulnerable Veterans and Adult Dependents) in North Yorkshire
- Exploring how the NHS has worked with the military on this service: meeting the challenges of cross cultural and cross organisational working

11.50  Q&A and Group Discussion Session

12.20  Networking Lunch

1.30  Case Study: Learning from the experiences of the All Wales Veterans Health and Wellbeing Service
- Improving the provision of evidence based treatments for veterans in Wales
- Examining how the service works in conjunction with local mental health services
- Understanding the importance of self-referral for veterans
- Measuring the success of the service: results and outcomes
Captain Neil Kitchiner, Principal Clinician, All Wales Veterans Health and Wellbeing Service & 203 Field Hospital (V), Cardiff

2.00  Q&A and Group Discussion Session

2.30  Networking Break

2.50  Case Study: Taking a partnership approach to veterans’ mental health
- Examining how North Essex NHS are working in partnership with Colchester Garrison’s Department of Community Mental Health and Combat Stress to form the North Essex Veterans Mental Health Network
• What was the strategy for getting funding for the service?
• What challenges do NHS organisations face in partnering with the 3rd sector?
• How did the Network explore the services already available for veterans locally, and establish how to improve links between organisations already working in the field?
• Understanding the role of the Service User Group in evolving the service

Lt Col (Ret’d) Mike Srinivasan, Consultant Psychiatrist, DCMH Colchester & North Essex Veterans Mental Health Network

3.20 Q&A and Group Discussion Session

3.50 Closing remarks from the chair
Professor Jamie Hacker Hughes, Clinical Lead, Mid Essex IAPT, Cambridgeshire & Peterborough NHS Foundation Trust and Visiting Professor in Military Psychological Therapies, Anglia Ruskin University

4.00 End of Seminar

Please visit www.sbk-healthcare.com for the latest programme updates

Whether you are seeking new ideas and innovations for an existing veterans’ service, looking to access funding to set up a new service, or simply keen to hear best practice from the UK’s leading veterans’ mental health programmes, this event is for you. In just one day you will:

• Gain a unique insight into how the UK’s most innovative and ground-breaking veterans’ mental health services have been set up and funded
• Get to grips with the key issues around veterans’ mental health
• Learn from the challenges overcome by pioneering services
• Take away best practice advice

Other events of interest:

IAPT for Severe Mental Illness
Thursday 20th September 2012, Double Tree by Hilton, Manchester

Hear direct from the IAPT National Advisor for SMI about how your IAPT service needs to evolve to meet the needs of people with severe mental illness.

Through presentations and extended Q&A/discussion sessions, this event will illuminate all the key issues including:

• What shape will the IAPT service for SMI take?
• Where will it sit – in primary care, secondary care, or outside in a separate IAPT service?
• What are the pros and cons of the different possible service models?
• How can the IAPT programme be best applied to treat people with personality disorders?
• How will IAPT work for psychosis and bipolar disorder?

For further information, visit www.sbk-healthcare.com

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Veteran Engagement in Mental Health Services
Friday 21st September 2012 | Double Tree by Hilton, Manchester

5 Ways to Book your Place:
1. Telephone 01732 89 77 88
2. Online at www.sbk-healthcare.com
3. Email bookings@sbk-healthcare.co.uk
4. Complete the registration form and fax to 01732 44 80 47
5. Post the completed form to SBK: Healthcare,
   10 Churchill Square, Kings Hill, West Malling, ME19 4YU

Any Questions?
To register, discuss any particular requirements you may have or for
further information about ways to pay, please telephone 01732 89 77 88
during office hours.

Registration Information
Venue: Double Tree by Hilton, One Piccadilly Place,
1 Auburn Street, Manchester M1 3DG.
Tel: 0161 242 1000.
Travel: Doubletree by Hilton is a short walk from
Manchester Piccadilly Station. Trains run regularly from
London Euston, Birmingham, Leeds, Nottingham and
Liverpool to Manchester Piccadilly station.
Accommodation: Dinner, bed and breakfast is
available at the specially discounted price of £145 plus
VAT subject to availability. Simply tick the dates that
you wish to book under fees and payment details. In
order to guarantee your reservation, credit card details
must be provided. We regret that bookings for full
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Cancellation and Substitutions: A refund of fees
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☐ NHS or Public Sector for two places (at £209 each) ...................................... £598 + VAT
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For multiple bookings please photocopy this form Event Code: 1265MH

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