

5. Boundaries and Boundary Violations Psychological Trauma

Work: *Professor Chris Freeman*

Boundary Violations frequently occur in clinical practice and much of the interest has been on serious sexual Boundary Violations. This workshop will explore the whole range of Boundary issues in therapy.

Learning Objectives

- To be aware of the wide range of boundary issues
- To distinguish between Boundary crossings and Boundary Violations
- To appreciate that Boundary crossing are contextual
- To monitor these issues in one's own practice and in supervision of others
- To be better able to evaluate issues around whistle blowing

Structure

A short presentation on the nature, frequency, legal and regulatory guidance around boundary issues and the particular issues that apply to trauma work.

60 % of the workshop will be role playing and practical exercises

A key reference list will be provided.