



4th ANNUAL CONFERENCE



March 13th and 14th 2012

Apex International Hotel

Edinburgh, UK

www.ukpts.co.uk

TUESDAY 13TH MARCH 2012

CONFERENCE PROGRAMME

8 – 9am	Registration and coffee
9 – 9.15am	Welcome from Dr Chris Freeman, UKPTS President
9.15 – 10.15am	Dr Richard Meiser-Stedman , MRC Clinician Scientist Fellow, University of Cambridge <i>PTSD in Preschoolers, Children, and Adolescents – Resilience, Recovery and Remedy</i>
10.15 – 10.45am	coffee
10.45 – 12.15pm	Workshops (Part 1) 1. Working Therapeutically with Trafficked Adults and Young People within a Human Rights Context: <i>Dr Sharon Doherty & Rachel Morley</i> 2. Integrating EMDR & Sensorimotor Psychotherapy: <i>Colin Howard & Dr Frank Corrigan</i> 3. Trauma-focussed CBT for Traumatized Children & Adolescents*: <i>Dr David Trickey</i> 4. Using Acceptance and Commitment Therapy to Help People Live Well after Trauma: <i>Dr David Gillanders & Dr Lesley Hunter</i> 5. Boundary Issues in Trauma Treatment: <i>Dr Chris Freeman</i> 6. Trauma-focussed CBT for Traumatized Adults *: <i>Dr Paula Easton & Dr Katharine Logan</i>
12.15 – 1.30pm	Lunch Break and AGM
1.30 – 3pm	Workshops (part 2)
3 – 3.30pm	coffee
3.30 – 4.15	Pamela Dix , Executive Director Disaster Action, UK <i>On the Receiving End of Trauma</i>
4.15 – 5pm	Dr Michael Paterson OBE , Clinical Psychologist, N Ireland <i>Innovations in the Practice of EMDR</i>

Biographies of the speakers and details of workshops are available on the UKPTS website: www.ukpts.co.uk

We are in the process of establishing which workshops will be eligible for the ESTSS General Certificate in Psychotraumatology. Those marked with an asterix * have already been approved as eligible.

WEDNESDAY 14^H MARCH 2012

CONFERENCE MASTERCLASS WITH JOHN BRIERE

Advances in the Integrated Treatment of Complex Trauma

Developed especially for clinicians who have previous experience in treating trauma, this workshop presents a nonpathologising, developmentally-informed approach to the treatment of complex posttraumatic presentations. This model incorporates cognitive-behavioural, relational, and mindfulness principles to support (a) the processing of implicit and explicit traumatic memories through titrated exposure, (b) the development of increased self-capacities (especially identity and affect regulation), and (c) the reworking of activated relational schema and other implicit memories within the therapeutic relationship. A central premise of this perspective is that dissociation, substance abuse, self-mutilation, and many other "dysfunctional" behaviours are adaptive strategies that cannot be cured as much as rendered unnecessary by effective treatment. Special topics will include the etiology and dimensionality of dissociative response, specific interventions in disturbed attachment schemas, "hot spot" processing, interventions for increasing affect regulation and identity capacities, and the role of mindfulness and meditation in trauma treatment. Attendees are invited to submit written questions on especially difficult cases, which will be discussed in the last portion of the workshop

Educational objectives:

At the end of this workshop, participants will be able to:

- (1) Describe common etiologies of dissociation, relational activation, and self-injurious behaviour
- (2) Describe the five components involved in processing traumatic memories
- (3) Outline a general approach to "borderline" behaviours
- (4) List three approaches to the development of affect regulation capacities
- (5) Outline a mindfulness approach to psychological trauma

Speaker

John Briere, PhD is Associate Professor of Psychiatry and Psychology in the Keck School of Medicine at the University of Southern California and Director of the Psychological Trauma Program at Los Angeles County and USC Medical Center. He is past president of the International Society for Traumatic Stress Studies and the author of a number of books, articles and psychological measures in the area of child abuse, psychological trauma and interpersonal violence.

This workshop is being run with the support of NHS Education Scotland (NES).



Conference 2012
Apex International Hotel, Edinburgh

Registration Form

Delegate details

First Name
Surname
Professional Title
Agency for mailing
Postcode
Email
Phone number

Please advise of any special requirements you may have (e.g. wheelchair access, visual impairment etc)

Please state if you require a vegetarian/ special diet (please specify)

Fees

Please indicate the day(s) you would like to attend and the correct registration fee below. If you would like to join the UKPTS to qualify for the discounted members' rate please enclose a membership application form from the UKPTS website. Lunch is included in the fee for each day.

- Full conference (both days) UKPTS/ESTSS member £200 / non member £250
Tuesday 13th March UKPTS/ESTSS member £100 / non member £130
Wednesday 14th March UKPTS/ESTSS member £100 / non member £130
Tuesday 13th March - Conference dinner & ceilidh at Apex International Hotel Tickets £35

Accommodation is available at the Apex International Hotel for £110 a night. To book either contact the reservations team on 0845 3650000 and quote reference UKP0803_001, or follow the booking link on the UKPTS website.

Workshop choice for Tuesday March 13th. Please circle the session(s) you would like to attend:

- 1. Working with trafficked adults and young people
2. Integrating EMDR & Sensorimotor Psychotherapy
3. Trauma-focussed CBT for Children & Adolescents
4. Using ACT to help people live well after trauma
5. Boundaries issues in trauma treatment
6. Trauma-focussed CBT for trauma (adults)

Payment details (Please delete as appropriate)

* I enclose payment of
* I am paying by BACS
Cheques should be made payable to UKPTS
LloydsTSB Bank plc, PO Box 1000, BX1 1LT
Sortcode: 30-13-01
Account name: UK Psychological Trauma Society
Account number: 00988302

NB - If paying by BACS please put delegate's name as the reference

* Please invoice my employer as follows:

For the attention of: Agency
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Please return to:
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