

Centre for Trauma, Resilience and Growth

Crisis Support for Individuals, Families and First Responders following a Mass Casualty Disaster

Facilitated By Atle Dyregrov, Director, Centre for Crisis Psychology, Bergen, Norway

5th and 6th March 2012

To be held at the Novotel Hotel, Long Eaton, Derbyshire

**Cost: £235 (including lunch and refreshments on both days)
£195 – EARLY BIRD rate if booked before 30th November 2011**

Atle Dyregrov, Director of the Centre for Crisis Psychology in Bergen is currently closely involved in the crisis support for a number of individuals, families and emergency service first responders following the recent bombing in the capital Oslo and the shooting of 77 people on the island of Utoeya. Psychosocial and crisis support has been initiated and plans are being put in place for ongoing longer-term support and more formal interventions. When this seminar takes place it will be almost nine months since the event.

This seminar will focus on his experiences with events in Norway since the beginning throughout the follow up period. It will address the measures that have been put in place and the early interventions for those affected. It will also address issues related to triage, screening and assessment in large scale events. Crisis support measures will be described, as will be the interventions that will have been put in place for individuals, families and communities affected by what has been seen as a national tragedy in Norway.

This seminar will provide an invaluable insight into a variety of crisis support interventions and follow up procedures that have been helpful to those affected by a tragedy of this magnitude. It is aimed at emergency planners, crisis and psychosocial support teams, health and mental health professionals, psychotherapists and counselors. It will also be appropriate for those in the voluntary sector e.g. Red Cross and the emergency services. The seminar will also draw upon his experiences from other disasters.

Dr. Atle Dyregrov is the Director of the Centre for Crisis Psychology, Bergen, Norway. A clinical and research psychologist, Dr. Dyregrov is the author of numerous publications, journal articles and more than 15 books. He has been closely involved in crisis support following many national and international events, including the recent tragedy in Norway. In addition, he has conducted research on various subjects relating to bereavement, trauma and crisis situations. He is one of the founding members of the European Society for Traumatic Stress Studies and the Children and War Foundation.

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